

Sample Agenda for ACLS Traditional Update Course

12 Students, 2 ACLS Instructors; approximately 8 to 9 hours with breaks

8:30	Lesson START: Welcome, Introductions, and Course Administration	
8:45	Lesson 1: ACLS Course Overview and Organization	
8:55	Lesson ACLS-Traditional 2: Systems of Care	
9:05	Lesson ACLS-Traditional 3: The Science of Resuscitation	
9:20	Lesson ACLS-Traditional 4: Systematic Approach	
9:35	Lesson ACLS-Traditional 5: CPR Coach	
Divide class into 2 groups	Lesson 6 Testing Station: High-Quality BLS (Lesson 2 in ACLS Lesson Plans)	Lesson 7 Testing Station: Airway Management (Lesson 3 in ACLS Lesson Plans)
9:45	Group 1	Group 2
10:30	Break	
10:40	Group 2	Group 1
One large group (or 2 small groups)		
11:25	Lesson 8: Technology Review (Lesson 4 in ACLS Lesson Plans)	
11:40	Lesson 9: High-Performance Teams (Lesson 7 in ACLS Lesson Plans)	
12:10	Lunch	
Divide class into 2 groups	Lesson 10 Learning Station: High-Performance Teams: Megacode Practice (Lesson 9 in ACLS Lesson Plans)	Lesson 10 Learning Station: High-Performance Teams: Megacode Practice (Lesson 9 in ACLS Lesson Plans)
1:05	Group 1	Group 2
3:25 Break		
Divide class into 2 groups	High-Performance Teams: Megacode Testing and Megacode Testing Details (Lessons T2-T4 in ACLS Lesson Plans)	High-Performance Teams: Megacode Testing and Megacode Testing Details (Lessons T2-T4 in ACLS Lesson Plans)
3:35	Group 1	Group 2
One large group (as students finish Megacode Test)		
4:45	Exam (T5-T6)	
5:30	Remediation/Class Ends	
Optional: ACS and Stroke Lessons (Lessons ACLS-Traditional 7 and ACLS-Traditional 8)		